

# Heber City News

DECEMBER 2015

## HOLIDAY SAFETY TIPS

*Submitted by Chief Dave Booth*

The Heber City Police Department encourages all our citizens to be safe and careful this Holiday Season. Please remember while shopping and traveling to not provide an opportunity to become a victim of theft. Put your valuables out of sight and lock your car doors. Please remember to lock your home doors as well.

*Happy Holidays*



Always remember if you are concerned or have questions, contact us; we like to err on the side of caution. Our daytime office phone number is (435) 654-3040 and Dispatch's phone number is (435) 654-1411. We wish you a Happy Holiday Season.

## CHRISTMAS TREE SAFETY

When it comes to your Christmas tree, make sure that you make a fresh cut of approximately 1"-2" from the base of the tree. Be sure to add fresh water to your tree every day. Most trees will need to be watered two times each day. *If you forget to water the tree, the base of the tree will seal up and the tree will no longer be able to absorb the water.*



Also, make sure that your tree is at least three feet away from heat sources such as fireplaces, space heaters and heat vents. This warm air will dry out your tree very quickly.

## SNOW SHOVELING SAFETY

With all that snow shoveling ahead of us, here are some tips to make sure that your pursuit of clean sidewalks and driveways is a safe and successful one. Prep work: warm up before you start, it is exhausting work. Dress for the part: warm clothing will help you work longer. Technique is everything: it's always best to push more than to lift the snow. Pace yourself: staying within your capacity during heavy shoveling can stave off serious cardiovascular issues. Watch for warning signs: your body is very skilled at letting you know when you're getting tired and when to quit shoveling. When you clean off your sidewalk and driveway, it's much safer for emergency personnel and your loved ones to gain access to your house.



*Heber City wishes you a safe and happy holiday season!*

